

DISPENSATION FROM ABSTINENCE FROM MEAT, FRIDAY NOVEMBER 25, 2022

To the Faithful of the Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Glory to Jesus Christ

Whereas it is the general custom for those in the Eparchy to eat meat of the Friday following Thanksgiving, I hereby grant you a dispensation from abstinence from meat of Friday November 25, 2022 and wish you all a most blessed Thanksgiving.
In Christ,
Most Rev. Thomas J. Olmsted, D.D.,
J.C.D. Apostolic Administrator, *Sede Vacante*

OUR TITHING AND GIFTS TO THE LORD'S HOLY TEMPLE

Our Stewardship November 6
Attendance: 23 souls Tithes:
\$449.00, Candles: \$22.00, Lion's Club: \$546.89

We depend on you to support our parish. We also need your time and talents to grow as disciples of the Lord and to form a Parish Family for you and your family. Thank you for your support and care for our parish.



Up Coming Events Mark your Calendar	
Mon Nov 14	Beginning of the St Philip's Fast
Mon Nov 21	Entrance of the Theotokos Solemn Holy Day 7:30 pm Divine Liturgy
Wed Nov 23 Thu Nov 24 Fri Nov 25	Thanksgiving Day Civil Holiday 7:00 pm Liturgy 9:30 am Liturgy Fast Free Friday by Bishop Olmsted
Sun Dec 4	Knights of Columbus Corporate Communion St Nicholas Celebration 10am Liturgy
Mon Dec 5 Tue Dec 6	St Nicholas of Myra Solemn Holy Day 7:00 pm Vesper/Liturgy 9:30 am Divine Liturgy
Wed Dec 7 Thu Dec 8	Maternity of the Holy Anna Solemn Holy Day 7:00 pm Vesper/Liturgy 9:30 pm Divine Liturgy

**Saint Nicholas of Myra
Byzantine Catholic Church**

9112 Oleander Avenue
Fontana, CA 92335

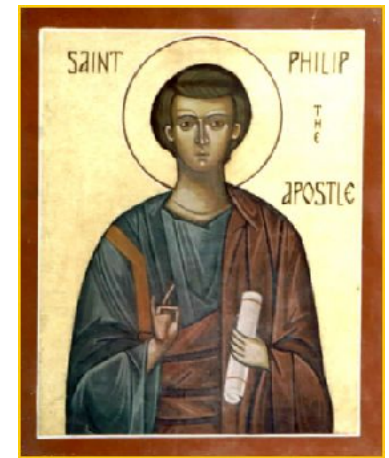
Web Site stnicholasfontana.org

Served by Fr. Stephen G Washko.
714-533-6292

fontanastnicholas@gmail.com

Fr. James Lane in Residence

Parish Advisory/Finance Council John Coffman, Lance Flambures, Maria Lopez Carson



22nd Sunday after Pentecost

TONE 6

November 13, 2022

SPECIAL ANNOUNCEMENTS

U-TUBE SUNDAY DIVINE LITURGY our Maria has set up the u-tube for live streaming for the 10am Sunday Liturgy. Be sure to tell your friends. The address is:

[youtube.com/@stnicholasofmyra](https://www.youtube.com/@stnicholasofmyra)

Thank you Maria.

From Fr Stephen: Thank you kindly for your prayers and offerings to help during Mom's (Mary) recent accident. She fell on Thursday morning and fracture the bone just above her knee. We had to canceled Thursday, Friday and Saturday's liturgy which are rescheduled for this week. The surgery will take place on Saturday morning. Thank you for your understanding and prayers.

DIVINE LITURGIES AND INTENTIONS

PEOPLE'S BOOK FOR THE DIVINE LITURGY

- <https://mci.archpitt.org/servicebooks/DivineLiturgies.pdf>

- **THIRD HOUR BOOK**

- https://mci.archpitt.org/sheetmusic/general/Third_Hour.pdf

VESPER BOOK - <https://mci.archpitt.org/servicebooks/Vespers.pdf>

12 SATURDAY Archbishop Josaphat of Polostsk, p 383

9:30 am Liturgy Special Intention

HEBREW SCRIPTURES FOR SUNDAY

Leviticus 19:13–18, and Proverbs 3:21–35

13 23rd SUNDAY AFTER PENTECOST, TONE 6, p. 152

9:00 am Confession available behind the Altar

9:40 am The Third Hour

10:00 am Divine Liturgy for our parish family and friends

14 Monday Holy & Illustrious Apostle Philip, p. 368

9:30 am Liturgy+John and Martha MacKenzie by Kieran MacKenzie

15 Tuesday Martyrs & Confessors Gurus, Samoans & Habib, p. 381

9:30 am Liturgy +M/M W.J. Kirk by Kieran MacKenzie

16 Wednesday Apostle & Evangelist Matthew, p. 368

9:30 am Liturgy +Peggy Lee Penalber by Barbara and John Fishell

17 Thursday Gregory the Wonder-Worker, p. 372

7:00 pm Liturgy +Peggy Lee Penalber by Barbara and John Fishell

18 Friday Martyrs Plato & Roman, p. 381

9:30 am Liturgy Special Intention

19 SATURDAY Holy Prophet Obediah, p. 366

9:30 am Liturgy Special Intention

HEBREW SCRIPTURES FOR SUNDAY

Ecclesiastes 2:1-11 & Sirach 11: 10-27

SPECIAL PRAYER REQUESTS: We join with the Saints in heaven to pray for those in need. Request Prayers: abc-c72069@gmail.com

Special Intentions: The people suffering from the Hurricane, Pat Mathis, Enedina Lopez, Lora Carson Lopez, Sophia Gaydus, Victor & Patricia Olmos Family, John Phillips, Sylvia Flambures, Martha Yniquez, Gloria Brissette, Paul Basay, Margaret Geluso, Edward Lopez, Lupe Nevaré, Beatriz Perez, for RAIN/ SNOW, for the victims of hurricane, and for the people of Ukraine.

20 24TH SUNDAY AFTER PENTECOST TONE 7 AND PRE-FESTIVE OF THE ENTRANCE OF THE THEOTOKOS, P. 156 & 267

9:00 am Confession available behind the Altar

9:40 am The Third Hour

10:00 am Divine Liturgy for our parish family and friends

ST PHILIP'S FAST November 15, begins the period of fasting in preparation for the feast of the Birth of our Lord. This penitential season is called in tradition the Fast of Philip (Philipovka) because it begins the day after the feast of St. Philip and forty days before Christmas.

During this fast no particular penitential acts are required by law, but the faithful are encouraged to keep this season holy. By tradition Mondays, Wednesdays and Fridays are especially observed by abstinence from certain foods.

Even if we find it very difficult to keep such an abstinence, the spirit of the fast is recommended, that we abstain from foods that are extremely pleasing to the taste and from excessive eating. A period of penance, of course, means more than just abstaining from food. More time should be allowed for prayer, attending pre-Christmas services, and for acts of charity to others.

The "Christmas Spirit" will have a special meaning for believers, especially if our celebration of Christ's birth marks a time of growth in spirit, a permanent improvement in our life of faith and love for others.

This holy season, moreover, should be a time of kindness and joy, marked by abstinence from hurting others, and from deceit, gossip, anger, quarrelling, and all other vices which arise from the tongue.

It was also the custom for the faithful to receive the Sacrament of penance during this fast to purify themselves for the great feast.

It may seem very difficult to keep this fast today. The pre-Christmas time is a period of merriment and parties. Yet the Church points to a deeper spiritual meaning of Christmas, that on this day God the Son and Word emptied Himself to take flesh as a man. As St. Paul said, "he made himself poor though he was rich, so that you might become rich by his poverty." (1 Corinthians 8:9).

This penitential season, then, is an invitation by the Church to humble ourselves in some small way, in imitation of Christ so that we might receive on Christmas day God's greatest gift - His only-begotten Son, our Lord Jesus Christ.